

**Post-questionnaire Workshop #3**  
***It Takes a Village: Giving our babies the best chance***

**This questionnaire is de-identified.** Please answer the questions on your own and be honest.

**1. Prenatal care is the** (*Check ONLY ONE box*)

- ☐ Health care that a baby receives after s/he is born
- ☐ Health care that a pregnant woman receives during pregnancy
- ☐ Health care that a pregnant woman receives after the baby is born
- ☐ All of the above
- ☐ Not sure/Don't know

**2. When should a woman start prenatal care?** (*Check ONLY ONE box*)

- ☐ During the second trimester of pregnancy
- ☐ During the third trimester of pregnancy
- ☐ As soon as she finds out she is pregnant
- ☐ After the baby is born
- ☐ Not sure/Don't know

**3. After having a baby, a woman has a better chance of having a healthy pregnancy and a healthy baby if she waits** (*Check ONLY ONE box*)

- ☐ At least three months (3) before becoming pregnant again
- ☐ At least six months (6) before becoming pregnant again
- ☐ At least twelve months (12) before becoming pregnant again
- ☐ At least eighteen months (18) before becoming pregnant again
- ☐ Not sure/Don't know

**4. How confident do you feel finding trusted information and resources for before, during, and after pregnancy?** (*Circle the number that best represents you*)

Not at all confident

1

2

3

4

Extremely confident

5